Reflection:
• “When Death Comes”. *Devotions*. Oliver, Mary; 285-286.

Introduction:
• Why this series and why now - overview
  o In “All of Our Living” – takes a little different approach than just Advance Care Planning/End of Life”
  o Talked about series like this for quite awhile –
  o Women’s group read Atul Gawande’s book – “Being Mortal”
  o Activity in New Mexico concerning “Aid In-Dying
  o Good time to reflect on our values in general, religious, moral and spiritual
  o Thus – this series is “Your” series

• Overview
  o Session 1
    ▪ Setting the Stage – personal values
  o Session 2
    ▪ Exploring advance care planning
  o Session 3
    ▪ Accessing/navigating today’s health care system
  o Session 4
    ▪ Death with Dignity (Aid in Dying)
      • Implications for people of faith
• **Session 1** – “Setting the Stage”

• Reflection: Frankl VE. Man’s Search for Meaning…. P.????

• Discussion: Session 1  
  o What has brought you here today?  
  o What are your expectations from this series?  
  o How does your faith, beliefs, values influence your decisions?  
  o Have you had conversations about your values, wishes and expectations with family, friends, health care providers?  
  o Who initiated; What was discussed; What were the outcomes?  
  o Do you have an advance directive?  
  o Examine values  
    ▪ Listing of values  
    ▪ Discussion of setting priorities  
  o How do you make a decision (in general; with family; about health care)?  
    ▪ Information-seeking  
    ▪ Weighing benefits vs. harms; costs (in general and actual)  
    ▪ By yourself; consulting others  
  o Who do you want involved in your health care decision making?

**Preparation for Session 2**

• Write a value statement  
• Think about experience where you have spoken about your values, health care planning or end of life care (either personal or family/friend)  
• Bring Advance Directive – optional