

**“In All of Our Living: Our Personal Values in Health Care Decisions:
Including End of Life Decisions”**

United Church of Santa Fe

Fall Seminar 2019

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Reflection:

- “When Death Comes”. *Devotions*. Oliver, Mary; 285-286.

Introduction:

- Why this series and why now - overview
 - In “All of Our Living” – takes a little different approach than just Advance Care Planning/End of Life”
 - Talked about series like this for quite awhile –
 - Women’s group read Atul Gawande’s book – “Being Mortal”
 - Activity in New Mexico concerning “Aid- In-Dying
 - Good time to reflect on our values in general, religious, moral and spiritual
 - Thus – this series is “Your” series
- **Overview**
 - Session 1
 - Setting the Stage – personal values
 - Session 2
 - Exploring advance care planning
 - Session 3
 - Accessing/navigating today’s health care system
 - Session 4
 - Death with Dignity (Aid in Dying)
 - Implications for people of faith

- **Session 1 – “Setting the Stage”**
- Reflection: Frankl VE. Man’s Search for Meaning.... P.????
- Discussion: Session 1
 - What has brought you here today?
 - What are your expectations from this series?
 - How does your faith, beliefs, values influence your decisions?
 - Have you had conversations about your values, wishes and expectations with family, friends, health care providers?
 - Who initiated; What was discussed; What were the outcomes?
 - Do you have an advance directive?
 - Examine values
 - Listing of values
 - Discussion of setting priorities
 - How do you make a decision (in general; with family; about health care)?
 - Information-seeking
 - Weighing benefits vs. harms; costs (in general and actual)
 - By yourself; consulting others
 - Who do you want involved in your health care decision making?

Preparation for Session 2

- Write a value statement
- Think about experience where you have spoken about your values, health care planning or end of life care (either personal or family/friend)
- Bring Advance Directive – optional